

HOPE FOR HURTING FAMILIES

YOUTH MENTAL HEALTH AND CRISES RESOURCES



holdhope



Supporting teen mental health by supporting families.



Connect with others in a safe space. Services are free. No wait list.

Parents Supporting Parents

Our mission is to empower and equip families to support their teen or young adult child who may be struggling with a mental health challenge, destructive behaviors, or choices.

Parent Communities...

PARENTS HELPING PARENTS NETWORK GROUP

Parents coming together once a month to share information, referrals and resources.

HOPE FOR HURTING PARENTS SUPPORT GROUP

Come find comfort, encouragement, and hope!
Biweekly meetings.

PARENT MENTOR PROGRAM

We match parents to an experienced parent who can support & guide them through the mental health care system.



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