Central Westmoreland CTC Families,

With the continual updates that we receive from the CDC and PA Department of Health concerning the COVID-19 (Coronavirus), as well as recent conversations with our member district superintendents, the Central Westmoreland CTC would like to offer some information and prevention recommendations for students and families.

Because this virus is like other viruses, it spreads just like the flu or a cold - through the air by coughing or sneezing, close personal contact such as touching or shaking hands, and touching an object or surface with the virus on it. Symptoms of the COVID-19 virus can include fever, cough, and shortness of breath.

We are asking students and families to do their part in helping to not spread the virus by:

- Covering coughs or sneezes with your elbow. Do not use your hands!
- Washing hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.
- Cleaning surfaces frequently including countertops, light switches, cell phones, remotes, and other frequently touched items.
- If you are sick, stay home until you are feeling better.
- If you have a fever greater than 100 degrees Fahrenheit, we ask that you stay home until you are fever-free for 24 hours.

Our maintenance staff has always used a variety of cleaning products and disinfectants during our daily routine of cleaning of the programs to promote a safe and clean environment. Each program area and classroom in our building is cleaned and trash emptied on a daily basis. We have also recently implemented additional measures to disinfect surfaces in common areas as well.

Our school nurse, Mrs. Elder has been sharing updates from the CDC, PA Dept. of Health, and Excela Health as it becomes available. Families should consult with their primary care provider with any additional questions or concerns.

We will continue to work in close collaboration with our member district superintendents and local health officials to seek specific guidance to determine what steps are necessary if a local outbreak occurs.

For more information, please refer to the CDC website (https://www.cdc.gov/coronavirus) and PA Department of Health (https://www.health.pa.gov/topics/disease/Pages/Coronavirus.aspx).

Thank You,

Mr. Brad Elwood, Administrative Director
Mrs. Meri Beth Elder BSN, RN, CSN